The fluoride deception: How industry manipulated science to push a toxic agenda

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- Fluoride, added to public water supplies, is a neurotoxin linked to lower IQ, thyroid disorders and cancer.
- The sugar industry funded pro-fluoride research to deflect blame from sugar's role in tooth decay.
- Regulatory agencies hid fluoride's dangers while promoting it as a "public health achievement."

- Studies show fluoride accumulates in the brain, yet governments continue mass fluoridation.
- Detox methods exist, but public awareness remains suppressed by corporate interests.

For decades, governments have insisted that fluoride in drinking water prevents tooth decay—a claim now exposed as one of the biggest scientific frauds in history. Fluoride, a toxic byproduct of aluminum and phosphate industries, has been linked to brain damage, thyroid dysfunction and cancer. Yet, the push for fluoridation was never about public health—it was a calculated scheme by the sugar industry to divert attention from its own role in causing cavities while ensuring profits remained untouched.

Newly uncovered documents reveal how corporate interests, including Big Sugar and chemical manufacturers, manipulated research, silenced critics and pressured regulators to keep fluoride in public water supplies—despite overwhelming evidence of its dangers.

The sugar industry's role in fluoride propaganda

The deception began in the 1930s when the Mellon Institute, funded by industrialists like Andrew Mellon (who also owned aluminum giant ALCOA), launched research to exonerate sugar from causing tooth decay. Gerald Cox, a chemist funded by the sugar industry, promoted fluoride as a "magic bullet" against cavities—despite his own studies showing natural dietary solutions (like vitamin D and calcium) worked better.

By 1939, Cox publicly advocated water fluoridation, omitting his industry ties. The sugar lobby then pushed fluoride as the solution to tooth decay, ensuring sugar consumption remained unchecked. Internal documents confirm this was a deliberate strategy—fluoride became the remedy, while sugar profits soared.

Fluoride's devastating health effects

Fluoride is a cumulative toxin, meaning it builds up in the body over time. Studies link it to:

- Lower IQ in children (34 studies confirm cognitive damage)
- Thyroid dysfunction (fluoride blocks iodine absorption)
- Bone cancer (osteosarcoma) (Harvard research found elevated risk in boys)
- Neurological disorders (memory loss, learning impairments)

Despite this, agencies like the CDC continue endorsing fluoridation—ignoring independent science in favor of industry-backed narratives.

Regulatory capture and suppressed science

The EPA and FDA have long ignored fluoride's dangers, despite internal warnings. In 1977, National Cancer Institute researchers found fluoridation linked to 10,000 cancer deaths yearly—yet the findings were buried.

Recent lawsuits forced admissions:

- The CDC admitted prenatal fluoride offers no significant dental benefit.

- Courts ruled fluoridation poses an "unreasonable risk" of IQ loss in children.

Yet, fluoridation persists—protected by corporate lobbying and government complicity.

How to detox from fluoride

While officials deny risks, detox methods exist:

- Filtered water (reverse osmosis or activated alumina filters)
- Dietary changes (iodine-rich foods, selenium, magnesium)
- Chelation agents (curcumin, vitamin C, cilantro)

Use only natural, fluoride-free toothpaste, mouthwash and other oral hygiene products. Public awareness is growing, but systemic change requires rejecting industry-controlled science.

A century of lies—time for the truth

Fluoridation was never about health—it was a corporate ploy to protect profits while poisoning the public. From sugar industry manipulation to government cover-ups, the truth has been suppressed for nearly a century.

Now, as independent research exposes fluoride's dangers, the question remains: Will governments finally act—or continue serving their corporate masters? The answer depends on the public's demand for transparency, accountability and an end to this toxic deception.

Sources for this article include:

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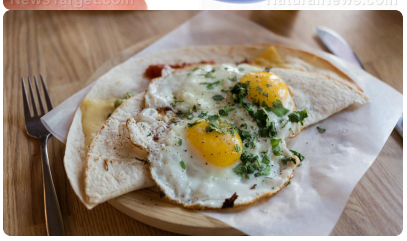

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The narrative surrounding fluoride presented in this article contains elements of truth, yet it oversimplifies a complex history. Fluoride emerged as a byproduct of atomic bomb research, and over time, it was found to be contaminating underground aquifers,
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